

# La Scuola Lunch Menu

## August 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>WEEK 2</b>	<b>9</b> Spaghetti Steamed Veggies (Broccoli, Cauliflower, Carrots) Fresh Fruit Milk	<b>10</b> White Rice Chicken Fricassee Green Peas Tropical Fruit Salad Milk	<b>11</b> White Rice Seasoned Ground Beef Sweet Corn and Peas Sliced Peaches Milk	<b>12</b> Penne Pasta with Chicken Mixed Veggies Fruit Cocktail Milk	<b>13</b> Yellow Rice with Ham Green Peas Fresh Fruit Salad Milk
<b>WEEK 3</b>	<b>16</b> White Rice, Black Beans Baked Fish Fingers Green Beans Fruit Salad Milk	<b>17</b> Spaghetti with Basil Tomato Sauce Diced Sweet Ham Steamed Veggies (Broccoli, Cauliflower, Carrots) Fruit Salad Milk	<b>18</b> Yellow Rice with Pork Sweet Peas Fruit Cocktail Milk	<b>19</b> Congri Seasoned Ground Beef Green Beans Pineapple TidBits Milk	<b>20</b> White Rice Baked Chicken Sweet Corn Peaches Milk
<b>WEEK 4</b>	<b>23</b> Spaghetti Steamed Veggies (Broccoli, Cauliflower, Carrots) Fresh Fruit Milk	<b>24</b> Thai Noodles Teriyaki Chicken Sweet Corn Pineapple Tid Bits Milk	<b>25</b> Yellow Rice with Sausage Green Peas Tropical Fruit Salad Milk	<b>26</b> Ham and Potatoes White Rice Green Beans Sliced Peaches Milk	<b>27</b> Macaroni with Beef Mixed Veggies Fruit Chunks Milk
<b>WEEK 5</b>	<b>30</b> White Rice Seasoned Ground Beef Sweet Corn and Peas Sliced Peaches Milk	<b>31</b> Yellow Rice with Ham Green Peas Fresh Fruit Salad Milk			